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We are members of a project team. Our aim was to find the interesting materials, ideas and write about them. We wanted to include not only the interesting but also important facts as drugs, health and good manners. Our idea was to interest you in history, culture, geography and literature of the English speaking countries.

**We**, with help of other students, have created this magazine. **We** were not able to print all sent articles . **They** will be released next time. Thank you for cooperation.

All engaged in creating this magazine had the opportunity to improve their language skills and cultivate their interests. In most cases, we and the authors chose the subjects of the articles. So if you read this magazine, you will have a chance to get to know us better. The choice of the title "Enjoy" was not coincidental. We sre optimists and we want to give our optimism to you.

Have a good reading.
Enjoy English! Enjoy your life!

## Interview with Mr. Maciej Ściga

#### What subject do you teach?

- I'm a teacher of P.E

#### How long have you been working in this school?

- 13 years.

#### Do you like being a teacher?

- I love it.

#### Why did you choose P.E?

- I just loved sport (The truth is that I didn't want to go to military).

#### What are the advantages and disadvantages of being a P.E teacher?

- Advantages: I work with a different people,

disadvantages: none

#### Does working with young students give you pleasure?

- Yes (he is blushing).

#### How many classes do you teach?

- Six.

#### Which subject did you not like as a student?

- History.

#### Are you strict with your students?

- Sometimes.

#### What is your favourite sport?

- Volleyball.

#### How many hours a day do you spend at school?

- 33 hours a week.

#### What funny situation do you remember?

- Peter who didn't notice the net that was spread, bumped into it and fell down.

#### What would you change in our school?

- Less bureaucracy.

#### What will you miss if you leave the school?

- For now I don't want to think about it.

#### With whom do you like exercising the most?

- With young gymnasts.



## Interview with Mrs.Iwona Bielawska

Student: Good morning. Can I ask you some questions?

Teacher: Yes of course

**Student**: Why did you become a teacher?

Teacher: Hmm.. Because this proffesion has always fascinated me.

**Student**: Why did you choose teaching Physics?

Teacher: Because I really like science subjects.

**Student**: Do you like this job?

Teacher: Yes! I like my job.

**Student**: Did you teach at another school?

Teacher: No. It's my first school where I teach.

**Student**: How many years have you been working for our School?

Teacher: I have been working in this school for 22 years.

**Student**: What students do you remember the most?

Teacher: Everybody!

Student: What would you change in our school?

Teacher: I would change the behavior of some students.

**Student**: Thank you very much for the interview.

Teacher: Thank you ,too.

Student: Goodbye

Teacher: Bye.



# **Savoir Vivre**

## THE GOLDEN RULES OF TABLE MANERS

Don't talk with a full mouth.

Don't swing your fork or knife.

Don't shove matches or other sharp objects in your teeth.

Don't cut bread with your own knife.

Don't reach across the table to take something.

Don't put your tie or sleeve into the plate.

Don't lift your plate and don't lick it

Don't dunk your bread into a bowl or dish.

Don't add ice to your wine.

Don't cork a bottle of wine again.

Don't hit the chandelier with a champagne cork.



Start your meal at the same time as others.

Always put salt, pepper, oil and wine vinegar on the table.

Place a small vase with flowers in the middle of the table.

Serve dishes from the left side of the guest.

Remove dirty plates from the right side of the guest.

Lift spoon to your mouth sideways not straight like an arrow

Eat small bites of food and take small sips of your beverage.

Cross a knife and a fork on the plate if you don't finish your meal.

Pass the serving platter on to the next person.

Place the cutlery parallel on the plate after finishing your meal.



# **Drugs**

Drugs can mean everything from cigarettes and alcohol to heroin, cannabis, amphetamines, LSD and cocaine.

They are dangerous for many reasons.

They lead to depression,

unconsciousness or even death.

There is also a danger of addiction

after regular use. They can infect



the system leading to sores, jaundice, blood poisoning and even AIDS disease.

Many teenagers turn to drugs such as sleeping tablets, tranquilizers or anti- depressants to help them relax and cope with the stress and problems in their life. They experience many pressures at school, from parents, friends, or they are bored, frustrated or frightened. They think that taking drugs is the best way — out. However, they don't realize how dangerous and deceitful it is.

There are many signs that indicate a boy or girl taking drugs, for example, sudden changes of mood, irritability, aggression, loss of appetite, loss of interesting hobbies or friends, sleeplessness, furtive behavior, unusual odors, stains or marks on the body or clothes, unusual powders, tablets, capsules and needles or syringes.



Parents who see that their children are in danger, should not act hastily but instead point out the dangers of drugs in a caring and protective way. They should talk to a doctor, other parents, teachers, and they should at first help to cope with the problem rather than feel hurt and react angrily. If they are too bossy, they may push their children into drug taking and addiction.

## **Interview with Patients**

The whole editorial staff of magazine "Enjoy" decided to visit Ośrodek Leczenia Uzależnień od Środków Psychoaktywnych w Chęcinach

We talked there with two patients and a therapist . What have we learned......?

Interviewer: What are you addicted to? What was the process of becoming addicted?

Patient 1: I am 30 years old. I have a wife, I have been addicted to drugs, designer drugs and alcohol for 8 years.

Why did this happen? It seems to me that addiction is the result of pressure, stress. You take drugs if you want to get away from problems. I come from a dysfunctional family.

Patient 2:I'm addicted to drugs. I guess it all started when I went to study in Canada. I was a lover of motorbikes and took part in the races.

I was enjoying it because I just did not want to be afraid. I wanted the fear and stress were gone.

Interviewer: What about being in this resort? What do you usually do?

Patient 2: We live in a big house together. There are our rooms. There is a canteen, but also a therapeutic room.

Patient 1 - We are like one big family. I am involved in planning the day, I'm a landlord, I take care of order in the house,

so that it will be clean, the cupboards and beds will be arranged, as in the home should be.

Interviewer: Tell me if your staying hereand therapy helped you? Are you happy that it happened this from far away?

Patient 1 - Of course it helped us. And fortunately, that's so far not happened, because it really could be dead.

Patient 2 - Addicted person is addicted to the end of his or her life, the therapy is a chat which is to help us fight the urge,

reach for the drugs, highs ... but it helps us.

Interviewer: Do you know what you want to do once you go out of here?



Patient 1 - Definitely I want to go back to my wife what to do next ....

Patient 2 - I definitely would not return to racing, but I want to come back to riding a motorcycle. I want to be a therapist, actually I study it to make my dreams come true

Interwiever: Would you like to say something to young people who are taking or would like to turn to drugs?

Don't do this. Since it really depends on whether you do or not, remember that it will be connected with suffering.

but not only yours and your loved ones, but your passions and your future will be endangered.

## **Interview with Therapists**

**Therapist:** It is very difficult to understand the process of addiction. Addiction, why? People who run into this bad habbit can be from very rich families, but there are also a lot of people from very poor families. Understanding exactly what addiction is, is to understand family relationships, ties, and the family's ability to the family, express emotions. I am convinced that if men were able to work on their emotions, talk about these emotions and recognize them, there would be half less patients in psychiatric hospitals. It is so, because parents are very busy, they do not notice whether we have problems, what we feel, and experience. Some do not know how to talk. This fact should not suprise you, because it is difficult to say, for example I feel anger, I feel sad, right? Talking about this is extremely difficult, but the ability to recognize the feeling and talk about emotions helps a man. And I think that's the whole key fact to understanding the addiction.. The basic board in the room that have therapeutic are feeling. This is the basis, I know that it is sometimes difficult to realize. That already is our mechanism, for example. I'm bad - I'm going to get drunk, get high; my husband got mad - I'm going to drink; He pissed me wife - go do something else. So this is the trap To help cope with these emotions we are looking for an anesthetic. We go to the sitter.



## Catching Colds

What should I do to not get sick in the autumn and winter? As is known in the autumn and winter growing number of cases. That is why I prepared some advice on how to effectively prevent it.

- 1. We should prepare our body for the duration of cold and rainy days.
- 2.Ensure adequate diet .Meals consume five times a day, but in smaller amounts. Remember eating vegetables and fruit at least 2-3 times a day. They are a source of many vitamins and microelements. Did you know that peppers contain more vitamin C than a lemon?





- 3. Products that strengthen your resistance include: tomatoes, peppers, citrus fruits, sauerkraut, potatoes, onion or garlic.
- 4. For people which is still cold it proposes a warming tea with honey and ginger.
- 5.Do not be discouraged by bad weather and remember to exercise.
- 6.An important part of staying healthy is also our clothes which should be suitable for weather. You can not dress too lightly or overheat. I think that this advice will help you survive in health autumn and winter period.

Homo Sapiens first appeared on the islands of Great Britain about 40,000 years BC, when they came from the north of European continent by a land bridge connecting them. (This was possible, because a large amount of Earth's water was trapped in ice and the sea level was much lower than now). Neolithic peoples' main diet consisted of animal meat. However, an agricultural revolution occurred in about 4,500 BC which changed their lifestyles from hunting and gathering to agriculture and settlement. 1,500 years later Stonehenge monument was built. It might have been used for some kind of rituals, probably connected with Druids. These times are known for the beginning of metal refining too. Since 2150



Stonehenge is one of the biggest current mysteries, which some people connect even with aliens or magical powers.

The Iron Age began on the British Isles in about 750, when iron melting techniques arrived from the continent. That really revolutionized many aspects of life. From this point on, cutting trees, farming or hunting was much easier than with use of bronze tools. In the 2<sup>nd</sup> century BC Romanian culture came on the south terrains of the Isles. About a hundred years later-in 54 BC-Julius Caesar invaded Britain during first Gallic Wars in northern France. It made a giant impact on Britons, who realized then that they had a powerful foe. They were living in fear because of the fact that their king was a Roman ally, when-in 43 AD-new emperor Claudius decided to conquer south Britain. Because of the fact that the Celts were absorbed in a civil war and their way to fight was much less organized than Romans' one, the terrains of present England came under Empire's occupation for four centuries. This was a time of captivity but on the other hand it made Britain develop its culture incredibly fast, which helped the country to become one of the strongest kingdoms in the world.



The map above shows the paths of Romanian invasions form 43 AD till 60 AD.

## **CALIFORNIA**

#### 1. The Golden State

Americans call California 'The Golden State' because people once came there in search of gold. Today, more than thrty million people live in California. Many tourists also visit this this state visit annually.



#### 2. The Gold Rush

In 1850, California became a US state. On January 24, 1848, James Wilson Marshall discovered gold. The news spread around the world. People travelled to California, because they wanted to find gold. In 1850 San Francisco experienced a lot of crimes and killings and California was soon a dangerous place to live. Mining companies began to extract gold from the ground in the same year. Then, in the 1860, people found the oil. Construction of the first turn, ended in 1869. Workers who built it received little pay for this dangerous work.

#### 3. San Francisco

On 18 April 1906 an earthquake struck San Francisco. This earthquake and resulting fire destroyed many buildings and killed many people. Now, buildings in San Francisco are built stronger to withstand earthquakes. San Francisco sits on a hill between San Francisco Bay and the Pacific Ocean. The Golden Gate Bridge was built over the San Francisco Bay by engineer Joseph Strauss. This bridge joins San Francisco to Marin County and is one of the longest bridges in the world. Golden Gate Park is also located in San Francisco. The park has three museums and a Japanese Tea Garden. On Jefferson Street is Fisherman's Wharf, which is also a tourist attraction with many shops and seafood restaurants. Alcatraz, a famous prision, is now a museum and you can tour the cell rows. San Francisco has many hills. In 1873 the city's first cable car climbed up Nob Hill. Only 37 cable cars exist in the city today. The Cable Car Museum is located at 1202 Mason St. In Union Square are the biggest shops. San Francisco is home to many Chinese people. Many Asians came to work in the gold mines and the railroads. Today, many visitors come to this city to see Chinatown and visit the beautiful

buildings, the little shops and food stalls. San Francisco is a beautiful city which every year attracts 2,5 milion visitors.

#### 4. Parks

The oldest and biggest trees in the world can be found in California. The famous giant redwood trees can be seen in a number of state parks. Humboldt Redwoods State Park has trees that are twenty million years old. Many tourists go to this park to see some of the world's tallest redwood trees. In Yosemite National Park are beautiful waterfalls and rocky cliffs. This is a good destination for climbing, walking, bicycling and camping or snow sking. South of Yosemite are the Sequoia and Kings Canyon National Parks. The sequoia is another tree found in California. It isn't tall like many of the trees in this park but very much wider. Mount Whitney is the highest place in California. North of Yosemite is Lake Tahoe. This lake is a favourite place for water sports, horse riding and walking or skiing in winter. The prettiest part of the lake is the southwestern corner.

#### 5. Highway 1

This Highway is the coast road from San Francisco to Los Angeles. Monterey is the old Mexican town. Monterey Bay was famous for fishing of sardines and later made famous by writer John Steinbeck. He was a famous American writer who stayed in a house at 530 Houston Street for four months. From the '17-Mile Drive' can be seen otters sea-lions and hundreds of sea birds. Carmel-by-the-Sea is a little town, its beach has fine white sand, pine and cypress trees. The ninety miles of coast from Carmel to San Simeon is called Big Sur. William Randolph Hearst built his castle on a hill in San Simeon. Now many visitors come every year to see this estate.

#### 6. Los Angeles

Los Angeles lies between the Pacific Ocean and the San Gabriel mountains. It is the second largest city in the US. You can stay a month. There, you can see a Mexican village opened in 1781 and some of the oldest

buildings in the U.S. Chinatown hosts beautiful parades during Chinese New Year. The Hollywood Walk of Fame has the names of over 2,300

Hollywood stars embedded into the sidewalks. In Los Angeles, you can visit Dogder Stadium and watch football, baseball and horse racing. Santa Monica has one of the best piers in California. In Long Beach you can see the Queen Mary, the famous British ship.

#### 7. The Desert

East of Los Angeles is the Mojave Desert. You will find here: Joshua Tree Monument, Death Valley National Park and Palm Springs. At the Joshua Tree Monument, you can see very tall Joshua trees. Death Valley National Park got its name when several of the families died trying to cross the dessert. These are the hottest spaces in the world. On a beautiful day, you can see Mount Whitney. Palm Springs is the city where may stars from the 1930s came for the winter. Today, you can go to Moorten's Botanical Garden, where there are more than 3,000 cactus. The Largest park of the US is Anza-

Borrego desert.

#### 8. San Diego

San Diego is the oldest and second largest California city. This town is home to a US naval base. San Diego is a perfect place for holiday because in this city are beautiful



sandy beaches. In old town are many old buildings, museums and art galleries. Seaport Village is on the side of the harbor. In the centre of city is wonderful Balboa Park.





# The girl from "Big World"

This is Her school

My article talks about a girl living in the US state of

Nevada. It's about his interesting life.

A good friend, a great daughter, a wonderful student and a talented athlete. I met Amie on

a social networking site quite by chance. She wrote to me that she wanted to meet me. And so began our acquaintance. She wrote lot of interesting things about yourself: "I go to Tonopah Middle School here in Nevada! We always have to have respect in our school and you can't wear hats in the school building for us its considered disrespectful. We can't chew gum or have our phones in school or class rooms! Which is quite depressing because I love gum but anyway we don't have any kind of school uniform but we have to wear shirts with sleeves and shorts to a little above our knees at the least.



So, I play volleyball, basketball, softball (a game similar to baseball, but played on a smaller field,

a larger ball and lighter and thicker baton ) and I do track and cheer. Her favorite sport is volleyball. This is Amie team (The girl is pictured at



the bottom of the second from the right). In her middle school it includes 6th grade 7th grade and 8th grade." Our highschool has a mascot . Mucker (a miner)!!"

JA
You are wonderful I am very happy that I got to know u :) What do you do now?
particular to the second secon
Awe thanks but what do you mean??
JA .
I asked you What do you do now for example eat something or do your homework hahah :: 6
MAH!
Oh lol Well I just woke up 🦠
JN
Hahah woow I just nie come from school
and a
Haha really!?! I have to go to school in like and hour and a half but before that I go to a meeting group thing every Tuesday morning!
Jh .
But What meeting group ? What it is ? 65 65 hahah
wa .
Its called CYAC Community Youth Advisory Council We do projects for
our community and have game/movie nights

lasked Amie, heard about Poland before she met me. She replied: "Well I did not know really about Poland ... I knew it existed tho but I never learned about it" Amie taught subjects such as: math, reading, writing, science, history, computers and PE.

I must admit that at times it was hard to communicate with her because English is not my good side. Despite the fact that we know each other soon (I met her about 3 weeks ago) that I think Amie is a good friend, which should take an example. Thrives in many areas of sport, doing a lot of things for society and has impeccable assessment.



This is Amie ©



Amie during the serve in volleyball



Her gym



#### **School Survey**

- 1. Why you dont like to go to school?
  - -excess of lessons
  - -heavy bags
  - -lessons last far too long
  - -overloaded schedule



- -getting up early
- 2. What bores you in class most?
  - -a lot of theory, little practice
  - -work with workbooks
  - -still writing
- 3. What most annoys you about teachers?
  - -the lack of a closer interest in students
  - -ignoring students
  - -lack of regularity
  - -little patience and lack of commitment
  - -they consider their subject as the most important
  - -do not know to listen
- 4. How do you want them to do lessons?
  - -lessons in the area -more enthusiasm from teachers
  - -in lessons everyone should take a part
  - -more work in groups Emotikon smile





#### Foreign Language Lesson

The most popular foreign language in the USA is Spanish. This is a description of Spanish lesson from National Book Award Finalist.

#### **ESPANOL**

My Spanish teacher is going to try to get through the entire year without speaking English to us. This is both amusing and useful-makes it much easier to ignore her. She communicates through exaggerated gestures and playacting. It's like taking the class in charades. She says a sentence in Spanish and puts the back of her hand to her forehead. "You have a fever!" someone from class calls out. She shakes her head no, and repeates the gesture. "You feel faint!" No. She goes out to the hall, then bursts through the door, looking busy and distracted. She turns to us, acts surprised to see us, then does the bit with the back of the hand to the forehead. "You're lost!" "You're angry!".

"You're in the wrong school!" "You're in the wrong



She tries one more time and smacks herself so hard on the forehead she staggers a bit. Her forehead is as pink as her lipstick. The guesses continue. "You can't believe how many kids are in this class!" "You forgot how to speak Spanish!" "You have a migraine!" You're going to have a migraine if we don't figure it out!"



In desperation, she writes a sentence in Spanish on the board: *Me sorprende que estoy tan cansada hoy*. No one knows what it says. We don't understand Spanish-that's why we're here. Finally, some brain gets out the Spanish-English dictionary.

Laurie Halse Anderson, "Speak"

To be continued...

#### John's World

It was early morning. The sun was peeping in through the window of my room. The day promised to be great, but only for a moment, because then I had to go to school.

#### 1. The first lesson-Math.

We learned fractions and I asked myself one question- what is unusual in the fractionsl? Maybe they can fly, and perhaps are colorful and glowing, or can talk. I decided to draw them. When I finished, teacher approached me and asked me to show her, tasks have been solved during the lesson. In my notebook there was only my creative drawings. Unfortunetly, teacher didn't like my flying fractions and I was given one.

#### 2.Next lesson- Polish.

- Our task was to write a science fiction story. In my head I had a lot of ideas. I couldn't decide what to write. Maybe about aliens, perhaps
- flying creatures, and perhaps a magical land. In the mean I planned the whole story, but before I could write them. The bell rang. Now break- moment of rest.

#### 3. The third lesson- PE.

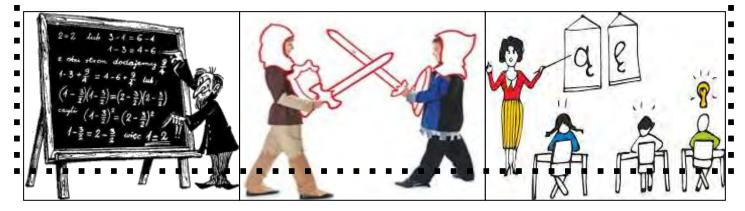
Today- running. Oh no, in moment like this I wish I could fly. We run eight laps, so as a reward we could play football. We were tired, but at least we lost weight.

#### 4. The fourth lesson- History

- We walked into class and teacher gave us some sheets of paper. Oh God! We have test today! I forgot about it. Maybe I make up something or call something to mind. First question: When was the Battle of Grunwald? My uncle taught me once that date. How was it? Yes, I know: 1kg of sugar, 4 liters of water and 10 g of yeast this is recipe for hooch so this is 1410 year. I think I will not write anything else. I will have to learn for improvement.
- Break- I need something to eat.
- With Zack I went to the school store to buy a bun. It was delicious.

#### 5. The fifth and the last lesson- Art.

Mrs. Smith played the piano and we sang a song. It was wonderful. End of lesson-finally. I went home, sat down at my desk and began to write the story that I couldn't write during the Polish lesson. I wrote eight pages, so I deserved a rest. Now I go sleep.



## PANCAKE DAY

Pancake Day also known as Shrove
Tuesday in Britain. Pancake day is the day
before Ash Wednesday and the start of
Lent. 'Shrove' - as in Shrove Tuesday stems from old English word 'shrive',
meaning 'confess all sins'. It is called
Pancake Day because it is the day
traditionally for eating pancakes as
pancake recipes were a way to use up any
stocks of milk, butter and eggs which were
forbidden during the abstinence of Lent.





Making pancakes is so quick, easy and cheap, but make sure you make plenty, they are always very popular.

#### Ingredients

- •225g / 8 oz plain or all-purpose flour
- Pinch salt
- •2 large, fresh eggs
- •600ml / 2½ cups milk
- 2 tsp melted butter plus extra melted butter for cooking

#### To Serve

On Pancake Day, pancakes are traditionally eaten sprinkled with sugar and a squeeze of lemon. However, serve as you like with jam, Golden syrup, honey, chocolate spread; whatever takes your fancy.

# XIII DNI JĘZYKÓW OBCYCH JĘZYK ANGIELSKI

On Monday, 23<sup>rd</sup> of November, we took a school field trip.. Two pupils from second classes, including me, took part In English workshop. Our destination was to improve our knowledge and skills.

Our journey started at about 9 a.m. from the front of our school in Bilcza. Travel was short. We arrived at Kielce about 10 a.m. A nice middle-aged woman invited us to a small classroom. There were a few pupils from other schools. A young woman entered this classroom and she explained to us what we were going to do. We worked with a popular book "Paper Towns". We found out about many interesting things. Next, we had a snack. We could have water, juice or coffee. Pupils also ate some sweets. After that, we came back to classroom where we saw some strange people. They were foreigners from France, England, Macedonia and Portugal. They told us about their countries. It was a very interesting experience.

About 2 p.m. we came back to school with our English teacher. From my point of view, this trip was very educational and interesting. We found out about traditions from different countries. We really enjoyed it.







Music is a colour in everyday grayness. Music very well expresses our emotions. Music often reminds us of places, people or events. Music calms the mind, helps ascent thoughts and when you need it stimulates to action. The music we listen to, often expresses our character our souls. It happens that while listening to certain songs with commitment we remember certain things. We live them the following time. While feeling the sense of hearing we can sense our soul to some extend, because it is its reflection. Some memories give us a lot of emotions, but if you listen at the same time a song that we associates with

it, we feel these memories also this other sense, the soul. It seems to us then much stronger, we are able to empathize with it as if it happened recently, because music is encoded or emotions that we perceive subconsciously, we can not define them. They are activated just during the hearing. In our minds there are the images that we see much more vividly than before. It is worth listening to music. This allows us to vent emotions without causing quarrels in our environment. Music is one of the tastes that we should noignore nor undervalue. From time to time it is worth listening to a different music genre, it certainly will do us good. Thank you for reading.





Thank you for inviting me to write an article for your newsletter about how we celebrate Christmas in DuPont. The City of DuPont is a relatively new community (population 9,000). Construction of the town started in the mid- 1990s and was mostly completed in 2013 with the building of an Amazon Business Park and Warehouse. We have a Historic District comprised of 110 homes that were built by the DuPont Company in 1909 for its employees. The DuPont Company closed here in 1976 but that is how DuPont got its name.



Downtown City of DuPont,
Washington
State



Bill and Lee McDonald at a Baseball game

For many Americans, Thanksgiving marks the beginning of the holiday season, which is celebrated on the fourth Thursday in November. Christmas decorations come out of storage, evergreen trees are purchased and outdoor lights are strung on homes. In DuPont's Historic District, City volunteers hang lighted advent wreaths from the street lamp posts and decorate the vintage train behind the museum



Holiday Greetings from the Historic District

Most Americans celebrate Christmas on December 25<sup>th</sup> by opening presents that Santa Claus left under the Christmas tree, and later enjoying a holiday feast which may consist of turkey, roast beef or ham with many side dishes and pumpkin pie for dessert. But whether you are from Poland or America it is important to remember the Reason for the Season: To be grateful for our blessings and to celebrate the birth of Christ our Savior.

# Volunteers from Erasmus



On 10th of December our school had special guests:
Kristina from Macedonia.
Coco and Agat from France and Jack from the UK. They took part in Erasmus programme. They are volunteers and went to our school to do presentations about the countries they come from. They were impressed by our school and the Polish food they had a chance to try.

## **Thanksgiving Day**

## **Thanksgiving Day:**



1. The English Puritans broke away from the Church of England and formed their own church. They left England to be able to practice their religion and went to Holland and then to America. They became "Pilgrims" because they were travelers in search of religious freedom.



2. In the fall of 1620 the Pilgrims crossed the Atlantic Ocean on their ship, the Mayflower. The trip was very difficult, and many people got sick. But while they were on the crowded ship, the Pilgrims agreed on a form of government for their new colony. This agreement, the Mayflower Compact, established the principles of voting and majority rule.



3. Finally on December 22 the travelers landed at Plymouth Massachusetts . There was not enough food for the long , cold winter , and many settlers died. Then some friendly Indians , Samoset , Chief Massasoit , and Squanto , showed the Pilgrims how to hunt , fish, and plant corn , beans , and other foods . Because of their help, the Plymouth settlers had a good harvest the next fall .



4. Governor William Bradford declared some special days of thanksgiving. The Pilgrims and the Indians had a three-day feast of deer, wild turkey, and fish. There were also nuts, wild fruits, cranberries, corn, beans, pumpkins, and other foods. The first Thanksgiving celebration was a great success.



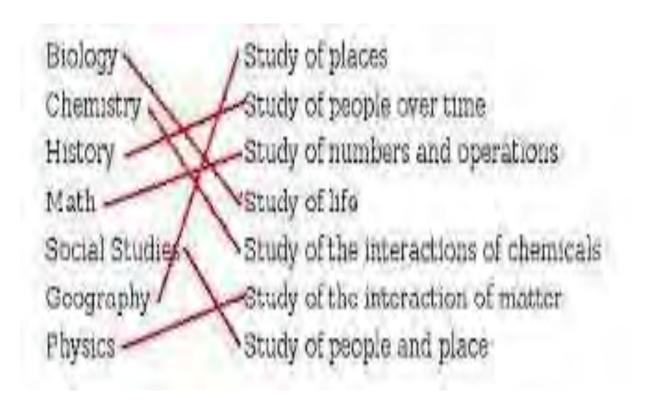
5. President Abraham Lincoln established Thanksgiving as an official national holiday. Now every year on the fourth Thursday of NovemberAmerican families and friends gather, have a feast, and givethanks. Some traditional Thanksgiving foods are turkey, dressing, sweet potatoes, cranberry sauce, and pumpkin day.

The Puritans broke away from the Church of Englan and formed theirown church. The Pilgrims were travelers in search of gold and adventure 2. 3. The Pilgrims came to America in the seventeenth century. 4. On the ship the Pilgrims established the government principle of separation of church and state. 5. Their first winter in Plymouth, Massachusetts was very difficult. The settlers had a good harvest beceause some friendly Indians taught 6. them about the land. Governor William Bradford declared a special day to celebrate the 7. indepedence of their colony from England. Now Thanksgiving is an official national feast day for families and 8. friends.



Match the phrases. Write the letters on the lines.

1 the Pilgrims	a. some friendly Indians
2 the Mayflower	b. the English Puritans
3 the Mayflower Compact	c. the governor of the Plymouth
settlement	
4 Plymouth, Massachusetts	d. the ship of the Pilgrims
Samoset ,Squanto ,and Massaoit	e. The official day of the national
holiday	of Thanksgiving
5 William Bradford	f. the settlement of the Pilgrims
6 deer, wild turkey, corn, bear	ins,
pumpkins, and cranberries	g. the Pilgrims agreement about
	grovenment in their
settlement	
8 the fourth Thursday in Nover	mber h. some foods at the first
Thanksgiving	Feast.
9turkey , dressing , sweet potat	oes,
cranberry sauce, and pumpkin pie	i. some traditional Thanksgiving
	foods today



## **Quiz about water**

- 1. What is the chemical composition of water?
- 2. How much water a day does an average citizen of the UK consume?
- 3. How much water do you save when you take a quick shower instead of a full bath?
- 4. How much water do you waste when you leave the tap on?
- 5. How much water do you waste a year when the tap is dripping?
- 6. How much water do you waste you wait until it starts to run hot water?
- 7. How much of the planet's water is salt?
- 8. How much of the planet's fresh water is ice?
- 9. How many people won't have safe drinking water tomorrow?
- 10. Where is the most water per day consumed in the UK?
- 11. How much water you should drink per day?
- 12. How much does the averge Pole drink?
- 13. What does the average Pole pay for water?
- 14. How many bottles of water is produced per day in the world?
- 15. How many people do not have access to clean water?





## **Breaking News**

## We are in the printing house.

The last guidance from the professional graphic designer.	Visiting the printing house "Duet"	The "birth" of "Enjoy"

## **OGŁOSZENIE**

- Pierwsze10 osób, które rozwiążą quiz Thanksgiving Day ma dodadkową "niepytkę" z języka angielskiego, a pierwze 10 osób, które rozwiążą "quiz about water" ma dodadkową "niepytkę" z biologii.
- 2. W następnym numerze KUFER UPRZEJMOŚCI. Prosimy o nadsyłanie podziękowań, życzeń, przeprosin (urodziny, imieniny, walentynki i inne). Będą opublikowane w następnym numerze bądź wydrukowane i wyeksponowane w wyznaczonym dniu na korytarzu szkolnym.
- Ogłaszamy konkurs na najbardziej uprzejmą osobę w szkole. Prosimy o nadsyłanie kandydatur z opisem w języku angielskim. Najlepsze prace zostaną nagrodzone.

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